

Capture The Flag Workshop

How to CTF

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16 November 2022

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Introduction to our CTF

About the CTF — Practical

Make sure to register at <https://ctf.infogroep.be>

- Max 4 players per team
- Challenges will be made available at 18h15
- Until 21h30
- Have fun!

About the CTF — What do you need?

- Laptop
 - Linux will make your life easier
 - Kali Linux best for CTFs
 - VirtualBox¹
- Brainpower



¹<https://www.virtualbox.org/>

About the CTF — General workflow

- Read the description of the challenge, there could be hints towards a possible solution
- Writing scripts: **Don't worry about ugly code**
- Use a language you are comfortable with
 - Python, Scheme, JavaScript, ...

About the CTF — Rules

Breaking any rule will result in disqualification

- Attendance is mandatory
- Do not attack the infrastructure of the CTF
 - Do **not brute-force** the platform!
 - If there is a brute-force challenge, we provide the file that way you can brute-force locally
- Do not attack the network
 - e.g. port scanners **unless explicitly mentioned**
- No cross teaming
- Have fun!

¹<https://ctf.infogroep.be/rules>

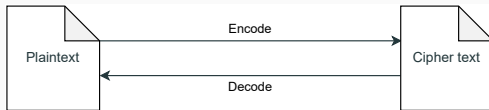
Categories

- Cryptography
 - Decoding and decrypting messages
 - Reverse engineer algorithms
- Web
 - SQL injection
 - Exploiting the network
 - Cross-site scripting
- Forensics
 - Steganography
 - Memory dumps
 - PCAP files
- Reverse engineering
 - Decompilation of machine code
- Exploitation
 - Manipulating memory
 - Stack / Buffer overflows

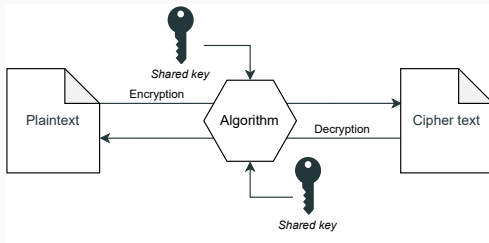
Cryptography

Cryptography — Concepts

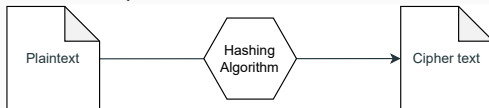
- Encoding (e.g. base64)



- Encryption (e.g. AES)



- Hashing (e.g. MD5)



Cryptography — Concepts

- Encoding (e.g. base64)

```
## Encoding
$ echo -n "IGCTF{S0meSampleF14g}" | base64
>>> SUdDVEZ7UzBtZVNhbXBsZUZsNGd9

## Decoding
$ echo -n "SUdDVEZ7UzBtZVNhbXBsZUZsNGd9" | base64 -d
>>> IGCTF{S0meSampleF14g}
```

- Other encodings: base2 (binary), base8 (octal), base16 (hexadecimal)
- XOR
- Character representations
 - ASCII, Unicode, Morse, ...

Cryptography — Concepts

- Encryption (e.g. AES)

```
## Encrypt
$ echo -n "IGCTF{S3curedF14g}" | openssl enc -aes256
↳ -pbkdf2 -a > encrypted.enc
enter aes-256-cbc encryption password:
Verifying - enter aes-256-cbc encryption password:
## Decrypt
$ openssl aes-256-cbc -d -pbkdf2 -a < encrypted.enc
enter aes-256-cbc decryption password:
>>> IGCTF{S3curedF14g}
```

- Other encryption algorithms: RSA, ROT(13), DES

- Hashing (e.g. MD5)

```
## Hash
```

```
$ echo -n "IGCTF{H4shThisPlease}" | md5sum
```

```
>>> a1913c52dc78a3321d046a82643de00c
```

- Check for broken algorithms/hashes
- Reverse engineer a given algorithm
- Do not brute-force the platform!

<https://gchq.github.io/CyberChef/>

- *The Cyber Swiss Army Knife*
- Many different encoders/decoders, encryptors/decryptors,
...

Web

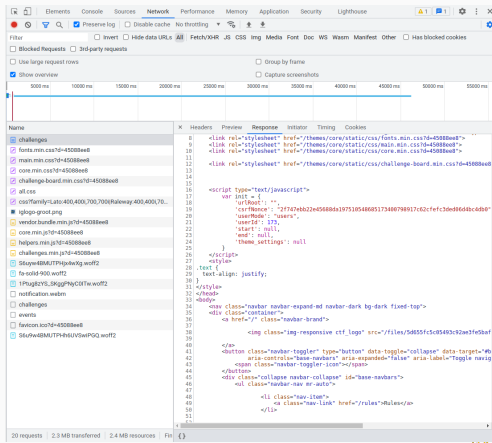
Client contacts web server using **HTTP/HTTPS** requests

- GET: Request data from the server, e.g. HTML page
- POST: Submit data to the server, e.g. creating an account
- PUT: Edit submitted data, e.g. changing your password
- DELETE: Remove submitted data, e.g. delete your account

Web — Developer console

Open with F12

- Get HTML pages
- JavaScript console
- Analyse network traffic
- Cookies



The screenshot displays a web browser's developer console with the 'Network' tab selected. The top toolbar includes options like 'Preserve log', 'Disable cache', 'No throttling', and 'Fetch/XHR JS CSS Img Media Font Doc WS Manifest Other'. Below this, there are checkboxes for 'Blocked Requests', '3rd-party requests', 'Use large request rows', 'Group by frame', 'Show overview', and 'Capture screenshots'. The main area shows a list of network requests on the left and a detailed view of the selected request on the right. The selected request is for a CSS file: 'themes/core/static/css/challenge-board.min.css?d=45088ee8'. The response is shown as HTML code, including a script tag for 'igloγο-groot.png' and a navigation bar structure with various classes and attributes.

- Headers and cookies
 - Sensitive information
- SQL Injections
 - Input SQL queries into forms
- Cross-site scripting (XSS)
 - JavaScript code as HTML text can be exploited

Steganography

Steganography — Concepts

Hide information in files

- Wide range of possibilities
 - Audios, videos, images
- Often requires some creativity

Example

- Hiding text, possibly with LSB
- Hiding files into other files

Steganography — Tools

- strings
 - Extract strings from a file

```
$ strings -n6 <file>
```

- grep
 - Search for strings, use in combination with strings

```
$ grep "IGCTF" <file>  
$ strings -n6 <file> | grep "IGCTF"
```



Steganography — Tools

- file
 - Determine file type

```
$ file <file>
```

- binwalk
 - Extracts files hidden in other files

```
$ binwalk -Me <file>
```

Steganography — Tools

- `exiftool`
 - Print metadata files

```
$ exiftool <file>
```

- `xxd`
 - Inspect (or create) hexdump

```
$ xxd file | less
```


Reverse engineering

Reverse engineering — Concepts

Programs written in C, C++ or Rust-like languages are first fed to compiler, which generates a binary file.

- Machine code
- Unreadable for humans
- Decompilation possible until certain extent

Ghidra

- Open-source
- Alternatives
 - Cutter
 - IDA Pro
 - JADX



¹<https://ghidra-sre.org/>

Exploitation

Exploitation — Setup

You receive:

- IP and port
- Possibly a file

```
$ nc <ip> <port>
```

Exploitation — Concepts

C Strings

- Strings are null-terminated
- Overwriting the null-byte can let you print out what comes after the string!

Index	0	1	2	3	4	5
Variable	H	e	l	l	o	\0
Address	0x23451	0x23452	0x23453	0x23454	0x23455	0x23456

PwnTools: Python library for CTF Exploits

```
from pwn import *  
offset_buffer = 32  
offset_ebp = 8  
r = process('./call_me_maybe')
```

Exploitation — PwnTools

```
print(r.recvuntil("Pointer to printf is "))
addr = int(r.recvuntil("\n"), 16)
print(addr)
print(r.recvline())
offset = "A"*offset_buffer + "B"*offset_ebp
r.send(offset)
r.sendline(p64(addr))
r.interactive()
```


Summary

Tools

- CyberChef
 - <https://gchq.github.io/CyberChef/>
- Write-ups of past years CTFs
 - <https://git.infogroep.be/ig/write-ups-challenges-2021-2022>
- PwnTools
 - <https://docs.pwntools.com/en/stable/install.html>
- Kali VM setup
 - <https://www.kali.org/docs/virtualization/install-virtualbox-guest-vm/>
- Google
 - <https://www.google.com/>

- Learn.Ctf
 - <https://learn.ctf.infogroep.be>
- Ghidra
 - <https://ghidra-sre.org/>

Questions?